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Commission on  
Improving the  
Status of Children

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# Commission on Improving the Status of Children

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DECEMBER 18, 2019

# Agenda

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1. Welcome and Introductions
2. Consent Agenda
  - a. Minutes from 10/23
  - b. Appointment of Jill English to co-chair EICC Committee
  - c. CHINS 3.5 Recommendation
  - d. Comprehensive Positive Discipline Guide

# Agenda

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## 3. Strategic Plan

- Julie Whitman, Executive Director

# Strategic Plan 2020-2022

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- Adding a data dashboard for Task Force use
- Overarching principles
  - Equity
  - Two generations
  - Do no harm
  - Trauma-informed
  - Youth and family voice
- How the Commission works
  - Collaborate, study, recommend, promote

# Strategic Plan 2020-2022

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- Strategic Verbs
  - Increase
  - Reduce
  - Improve
  - Strengthen
  - Identify and encourage adoption of effective and promising practices
- Moving in a better direction for our kids

# Strategic Plan 2020-2022

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- Roles and Responsibilities
  - Terms and term limits for co-chairs
  - Additional guidance for task forces and committees
  - Clarification of legislative chairmanship of Commission (odd, even years)
  - Notation of statutory requirements vs. Commission-adopted agreements

# Strategic Plan 2020-2022

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- Process & Timeline
  - 2018—Community Feedback
  - July-August 2019—Survey of CISC members and volunteers
  - September 2019—Strategic Planning half-day session
  - October 2019—First draft presented
  - October-November 2019—Commission members written and verbal feedback
  - October-November 2019—Task force and Committee co-chair and member feedback
  - November-December 2019—Revisions
  - December 2019—Proposed final draft presented for Commission approval

# Strategic Plan Next Steps

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- Convene Co-Chairs in early 2020 to:
  - review data
  - operationalize objectives
  - prevent duplication of effort
  - set deliverables and tentative timelines
  - review rosters and terms
- Period of overlapping objectives

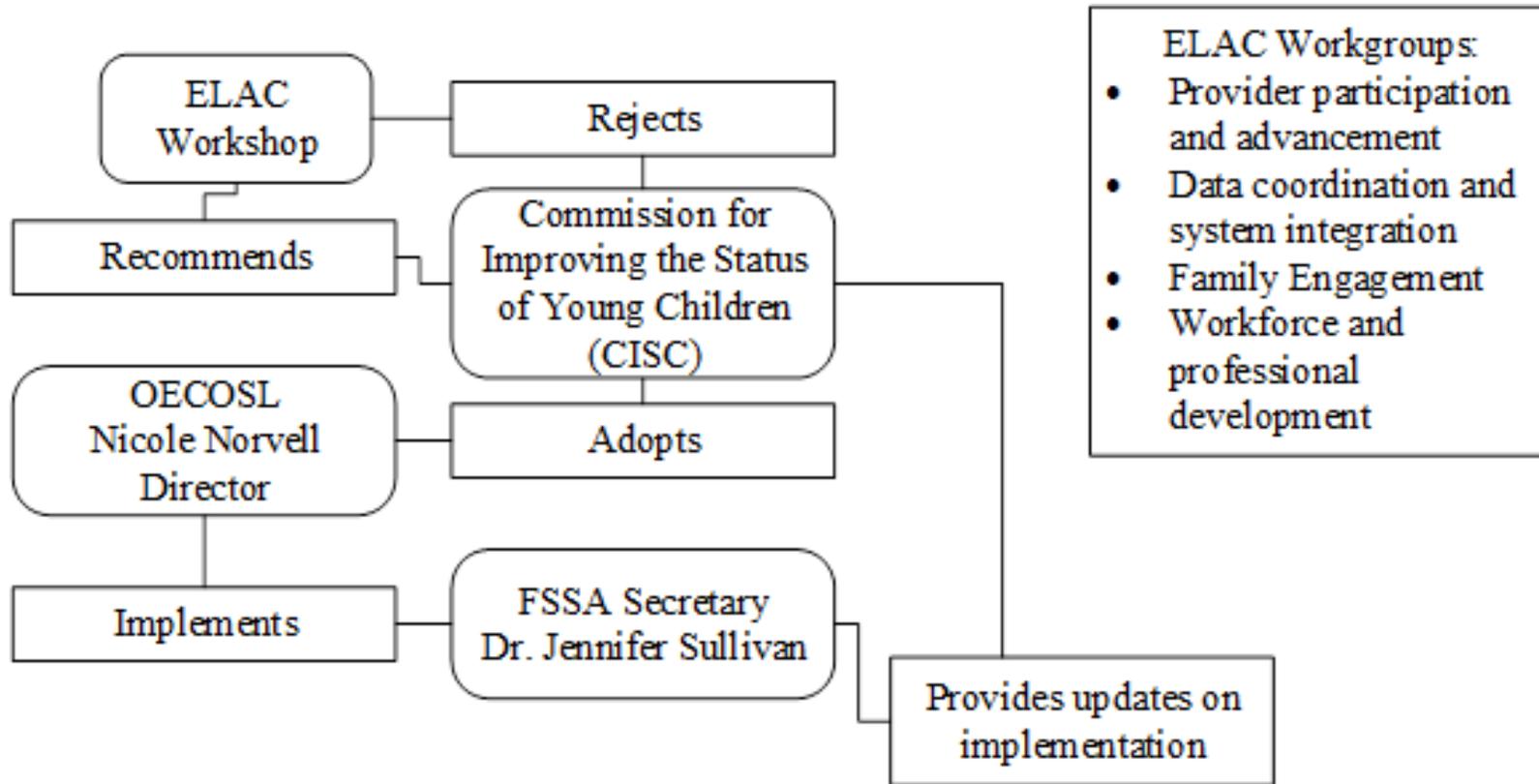
# Birth to Five Strategic Plan

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- Commission Connection:
  - Goal 3, objective 1: Improve access to high-quality early care and education for vulnerable children and families
- Roles
  - FSSA—staffing, communicating updates
  - ELAC—workshopping, recommending
  - CISC—governance, oversight

# Birth to Five Strategic Plan

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# Agenda

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4. Strategic Priority: Juvenile Justice & Cross System Youth
  - Request for Juvenile Justice Reform Task Force and CSG System Assessment

# Agenda

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5. Strategic Priority: Child Safety and Services
  - Sharon Pierce, The Villages
  - Kinship Guardianships

A Snapshot of  
Kinship Care  
December 18, 2019

# COMMISSION ON IMPROVING THE STATUS OF INDIANA'S CHILDREN



More than 2.7 million children in the United States live in Kinship Care



In Indiana, over 8,000 children, or 47% of Children In Need of Services (CHINS) are cared for by relatives



Indiana's recent Opioid Crisis has contributed, **greatly**, to the increased number of Kinship Caregivers

# A SNAPSHOT OF KINSHIP CARE

The vast majority are Grandparents, especially  
GRANDMOTHERS

However, Aunts, Uncles, Distant Relatives, and even  
Older Siblings “Stand in the Gap” to assume this role

WHO ARE OUR KINSHIP CAREGIVERS?

Most frequently,  
children are  
familiar with  
caregivers

Continuity of  
Family and  
Cultural  
Traditions

Decreased  
Trauma from  
separation

Increased  
placement  
stability

Preservation of  
Sibling  
Relationships

WHAT ARE THE BENEFITS OF KINSHIP  
CARE?

Family Needs  
Assessment

Assess and Address  
Legal Needs

Develop Safety Plan

Provision of Case  
Management

Provide for  
Concrete  
Assistance and  
Access to Critical  
Resources

Provide for Health  
Care Support

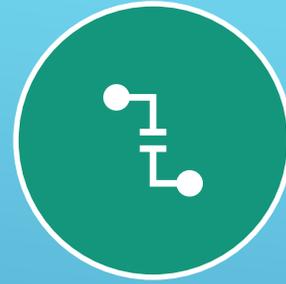
Create Academic  
Supports for  
Children of the  
Caregiver

Offer PEER Group  
Support ...  
• Dual Focus on KINSHIP  
CAREGIVERS and the  
CHILDREN IN THEIR CARE

## CORE COMPONENTS FOR KINSHIP CARE SUPPORTIVE SERVICES



Financial Assistance



Grief, Separation  
and Loss Counseling



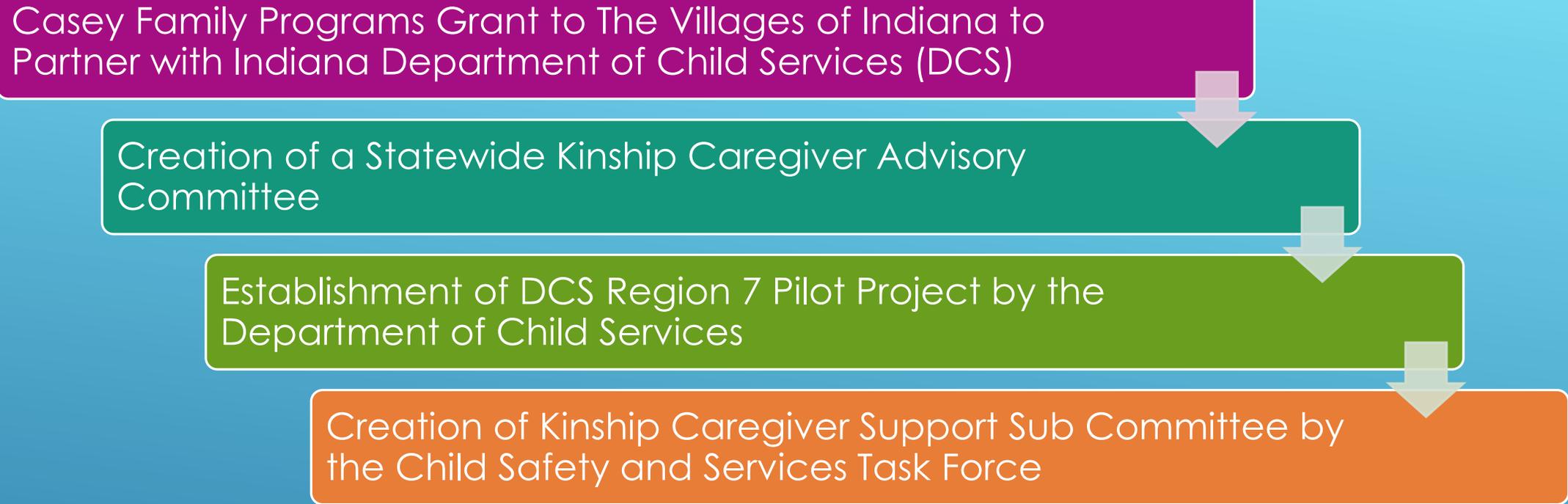
Respite Care  
Resources



Media Outreach  
Campaign ... Next  
September!

OTHER CRITICAL NEEDS

Casey Family Programs Grant to The Villages of Indiana to Partner with Indiana Department of Child Services (DCS)



Creation of a Statewide Kinship Caregiver Advisory Committee

Establishment of DCS Region 7 Pilot Project by the Department of Child Services

Creation of Kinship Caregiver Support Sub Committee by the Child Safety and Services Task Force

# MOVING FORWARD FOR INDIANA'S KINSHIP CAREGIVERS

TODAY'S  
REQUEST ...



**Affirm the Placement of the  
Indiana Guardianship Form and  
Instructions for Completion on  
Indiana's Court Access Website!**

**THANK YOU FOR CARING ABOUT  
OUR STATE'S HEROIC KINSHIP  
CAREGIVERS!**



# Agenda

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5. Strategic Priority: Child Safety and Services
  - Chris Daley, IARCA
    - Resource Guide on Seclusion and Restraint

# Agenda

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5. Strategic Priority: Child Safety and Services
  - Heather Kestian, DCS
  - Indiana's FFPSA Plan



INDIANA  
DEPARTMENT OF  
**CHILD**  
SERVICES

*“Indiana children will live in safe, healthy and supportive families and communities.”*



# Vision

- **DCS Vision:** Indiana children will live in safe, healthy and supportive families and communities.
- **Family First Vision:** DCS will use the tools in FFPSA to preserve children in their home of origin when it is safe to do so, focus on improving outcomes across the child welfare system, ensure appropriate residential treatment use only when children demonstrate the need for such care, and ensure financial stability in a post-Title IV-E Waiver environment.

# 2018 Accomplishments

- Changed Adoption Assistance related policies
  - Eligibility Requirements for Adoption Assistance: [10.15](#)
  - “Applicable child” requirements may be applied to children who will reach at least two years of age by the end of the fiscal year their adoption assistance agreement was entered into from 1/1/18 to 6/30/2024
- Created a new state form (Foster Care Verification)
  - Transitioning from Out of Home Care [8.41](#)
- State Plan Amended on 9/30/18
  - Claim costs associated with licensed substance use residential treatment facilities for parents placed with their child/children





# 2019 Accomplishments

- Background check changes completed and IV-E State Plan submitted timely
- Juvenile Justice related certification assurance signed timely
- EBPs in Indiana gap analysis with services
- Better understanding of QRTP footprint
- RFI Released related to the QRTP 30 Day Assessment Requirement



# Emphasis on prevention

- Focus on preventing removals when there are methods to keep the children safe and at home.
  - Family Preservation



# Emphasis on prevention

- Prioritize the use of evidenced-based prevention programs that support primary and secondary prevention services based on the needs of children and their families.
  - Prevention Services Clearinghouse Ratings and Caveats
    - Mental Health: TF-CBT
    - Substance Abuse: Motivational Interviewing, Methadone Maintenance Therapy
    - In-Home Parent Skill-Based: HFA, NFP

# Appropriate use of residential treatment

- Establish and implement a more consistent process for decision making around residential treatment for children.
  - Developing enhanced process to make sure the right children are in residential treatment for the right reasons



# Appropriate use of residential treatment

- Properly assess the availability of readiness of residential providers to become Qualified Residential Treatment Program (QRTP) providers.
- Of 19 facilities with accreditation in process, 16 facilities anticipate completing accreditation prior to October 1, 2020. Two facilities anticipate achieving accreditation after October 1, 2020 and one facility did not provide an expected completion date.

Accrediting Bodies	Accreditation Status	
	Accredited	Accreditation in process
Commission on Accreditation of Rehabilitation Facilities (CARF)	9	12
Council on Accreditation (COA)	10	5
Educational Assessment Guidelines Leading Toward Excellence (EAGLE)	1	1
Joint Commission on Accreditation of Healthcare Organizations (JCAHO)	6	
Other (please specify)	3	



# Focus on outcomes

- Jointly establish outcomes and targets for the children and families DCS serves through collaboration with providers, while considering best practices, child and family service reviews, and other federal measures.
  - **Informed KPIs**
  - **Practice Model Review**
  - **PIP Compliance**



# Organizational system support

- Support a culture of safety and system improvement within child welfare in Indiana.
  - **Set a baseline of safe system work in Feb. 2019**
  - **Begin implementation of the Safe System Improvement Tool (SSIT) in Jan. 2020**
  - **Supportive Clinical Supervision**





# Financial stability

- Develop and enhance financial processes that align with needs of children and families and ensure federal funds are maximized.



# Key principles

## I. Clear communication

- FFPSA implementation workgroups will promote reliable, accurate, transparent, consistent and timely communication among child-welfare stakeholders.

## II. Data-driven services

- FFPSA implementation will be data-driven, ensuring services are informed by outcomes and improved when necessary.



# Key principles

## III. Child-welfare system teamwork

- Cross-level, cross-functional, cross-system staff will work together to identify strengths, gaps, root causes and major action areas to improve child-welfare practice.

## IV. Continuous monitoring

- The FFPSA Implementation Plan will be continually monitored and adjusted to meet emerging or changing needs, and updates to the plan will be communicated on a regular basis to stakeholders.



# Family First Act Transition Bill

- Additional funding allocated to support implementation efforts
- Easier access to federal prevention dollars in first two years of implementation
- Guarantee of federal funding for states transitioning from a Title IV-E waiver



**INDIANA**  

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**DEPARTMENT OF**  

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**CHILD**  

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**SERVICES**  

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## Family First Act in Indiana

**For more information and questions:**

- 🌐 [www.in.gov/dcs/familyfirstact.htm](http://www.in.gov/dcs/familyfirstact.htm)
- @ [dcsfamilyfirst@dcs.in.gov](mailto:dcsfamilyfirst@dcs.in.gov)

*“Indiana children will live in safe, healthy and supportive families and communities.”*

# Agenda

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5. Strategic Priority: Child Safety and Services
  - Dr. Kris Box, ISDH
  - Youth Vaping

# Youth Vaping in Indiana

*Commission on Improving the Status of Children in Indiana*

*December 18, 2019*

Kris Box, MD, FACOG  
State Health Commissioner



Indiana State  
Department of Health

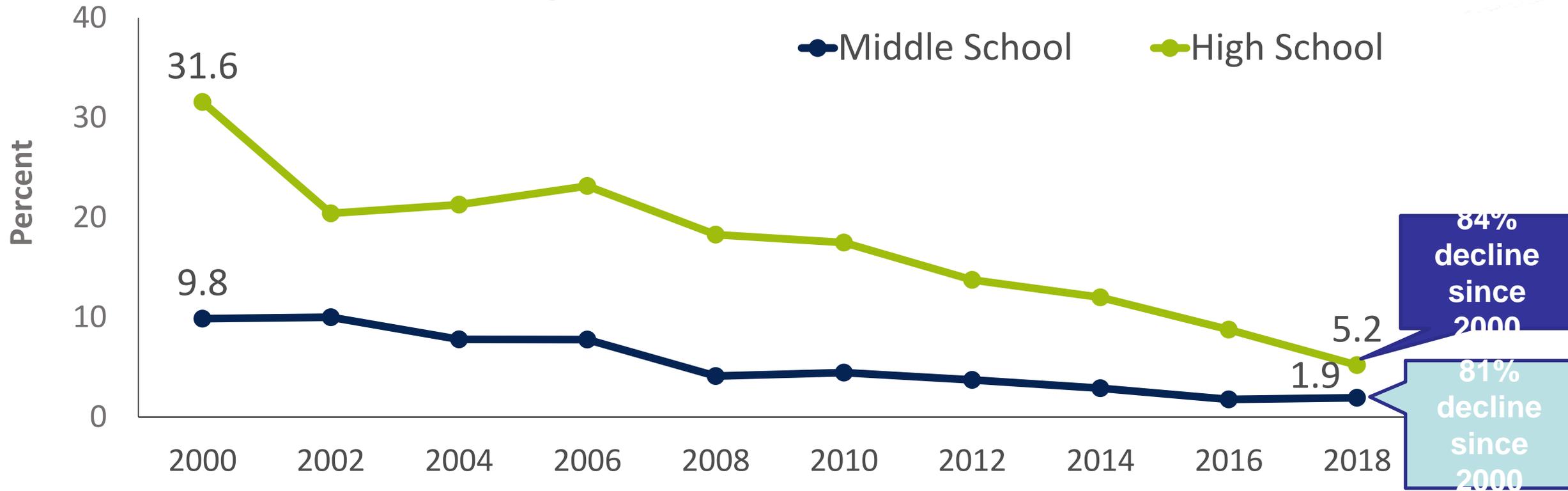
# Indiana Youth Tobacco Survey (IYTS)

- The standard tool used across U.S. states to assess tobacco use and related risk factors among youth in grades 6-12.
- Administered in Indiana since 2000.
- Collects data on:
  - All types of tobacco use
  - Tobacco cessation
  - Exposure to tobacco advertising
  - Access to tobacco
  - Social risk factors
  - Youth attitudes and beliefs
  - Secondhand smoke exposure

**Full report and summary available at [isdh.in.gov/tpc](http://isdh.in.gov/tpc)**

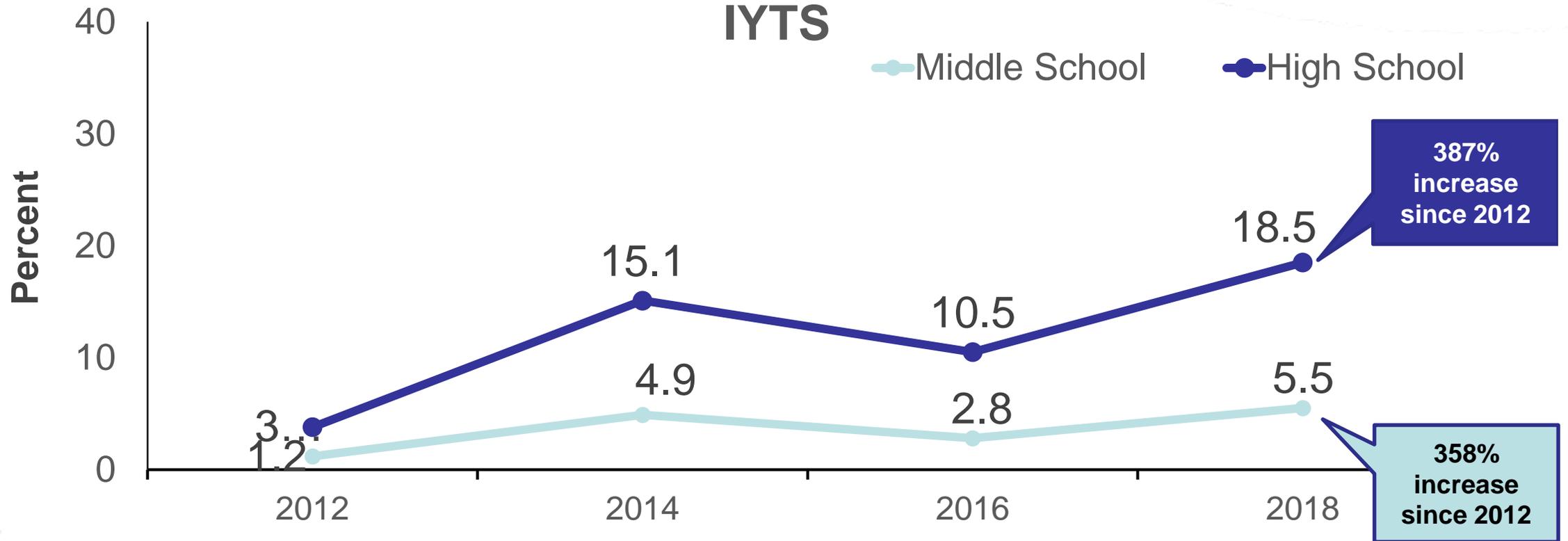
# Cigarette Smoking Has Declined Significantly

Percentage of Middle and High School Students Who Currently Smoke Cigarettes, 2000-2018 IYTS

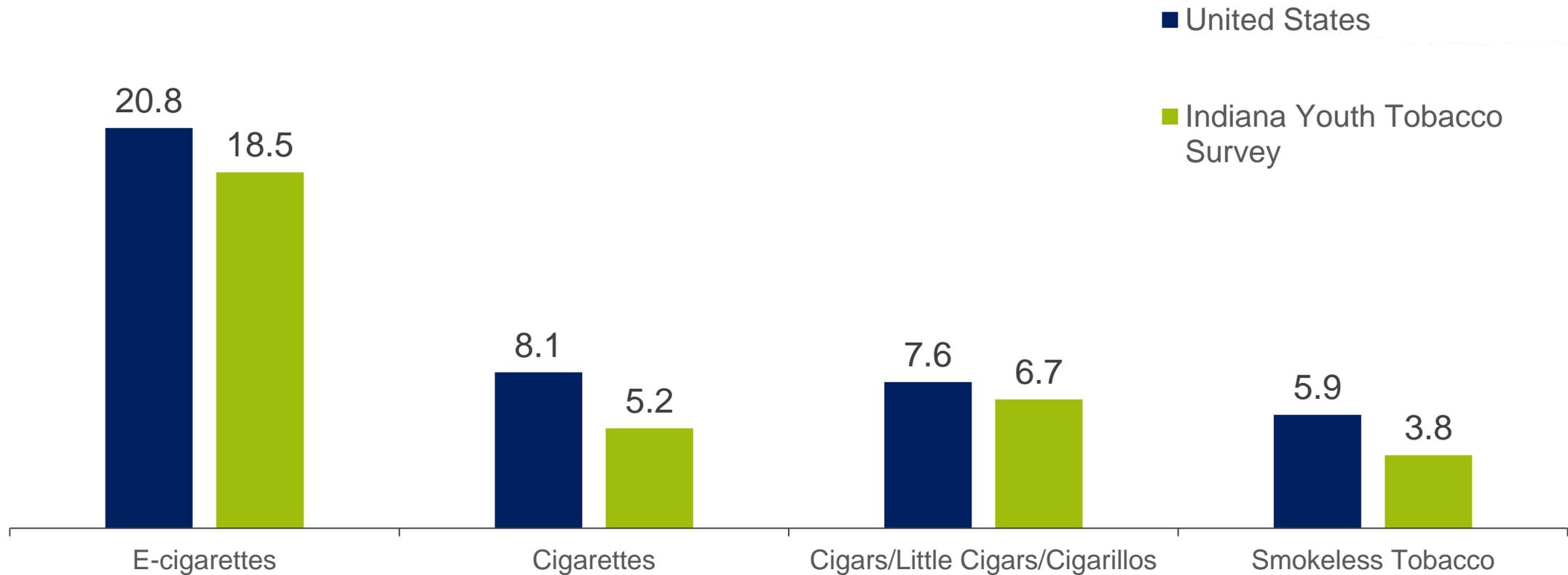


# E-Cigarette Use Trends

Current (past 30 day) Use of E-Cigarettes among  
Indiana Middle and High School Students, 2012-2018



# Current Tobacco Use Among High School Students – Indiana and the U.S. (2018)



Prognosis

# Teens Say They Don't Vape, They Juul, Making E-Cigarette Use Hard to Track

For the first time, public health officials will ask about Juul by name in an annual youth tobacco survey.

By [Anna Edney](#)

April 29, 2019, 12:01 PM EDT Updated on April 29, 2019, 1:03 PM EDT



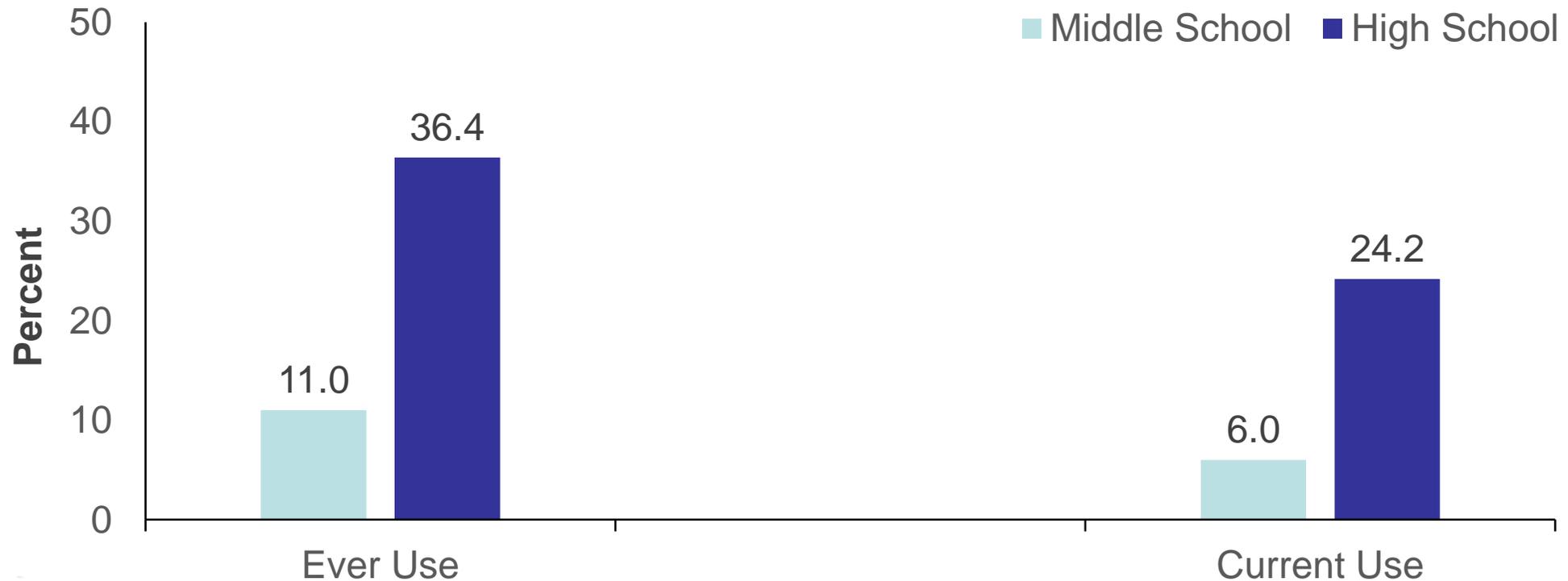
**LIVE ON BLOOMBERG**

[Watch Live TV >](#)

[Listen to Live Radio >](#)

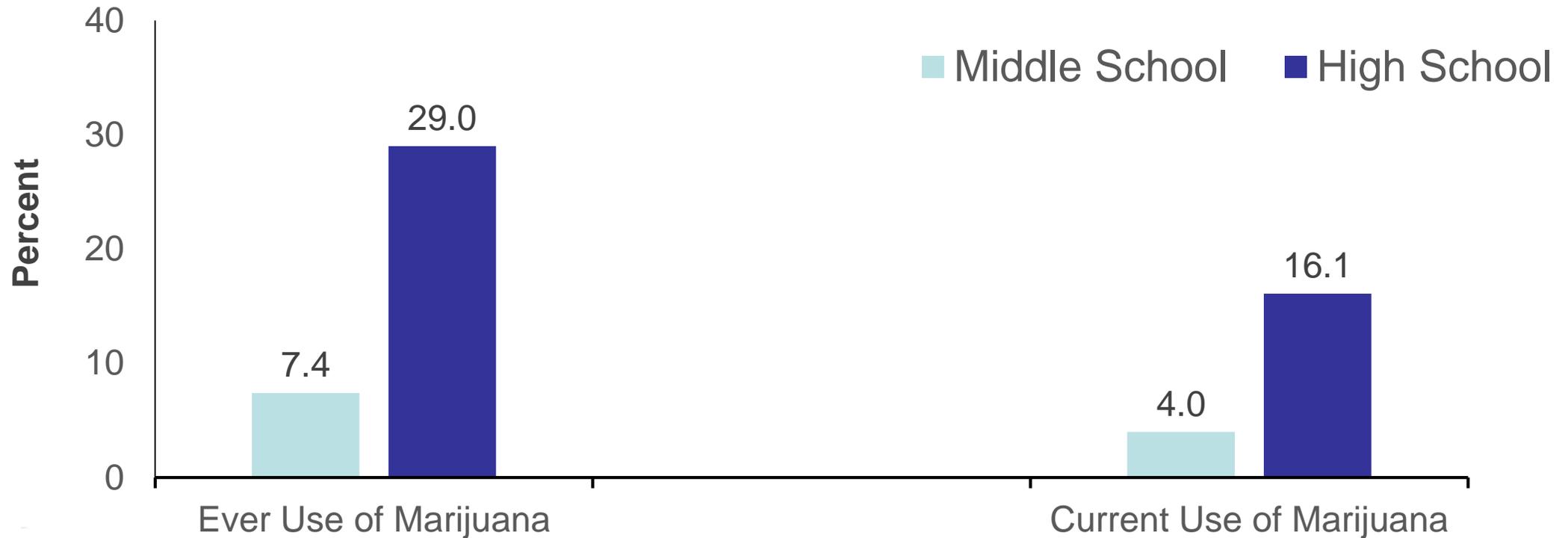
# Current and Ever Use of JUUL among Hoosier Youth

Percentage of Indiana Middle and High School Students Who Currently Use or Have Ever Used JUUL, 2018 IYTS

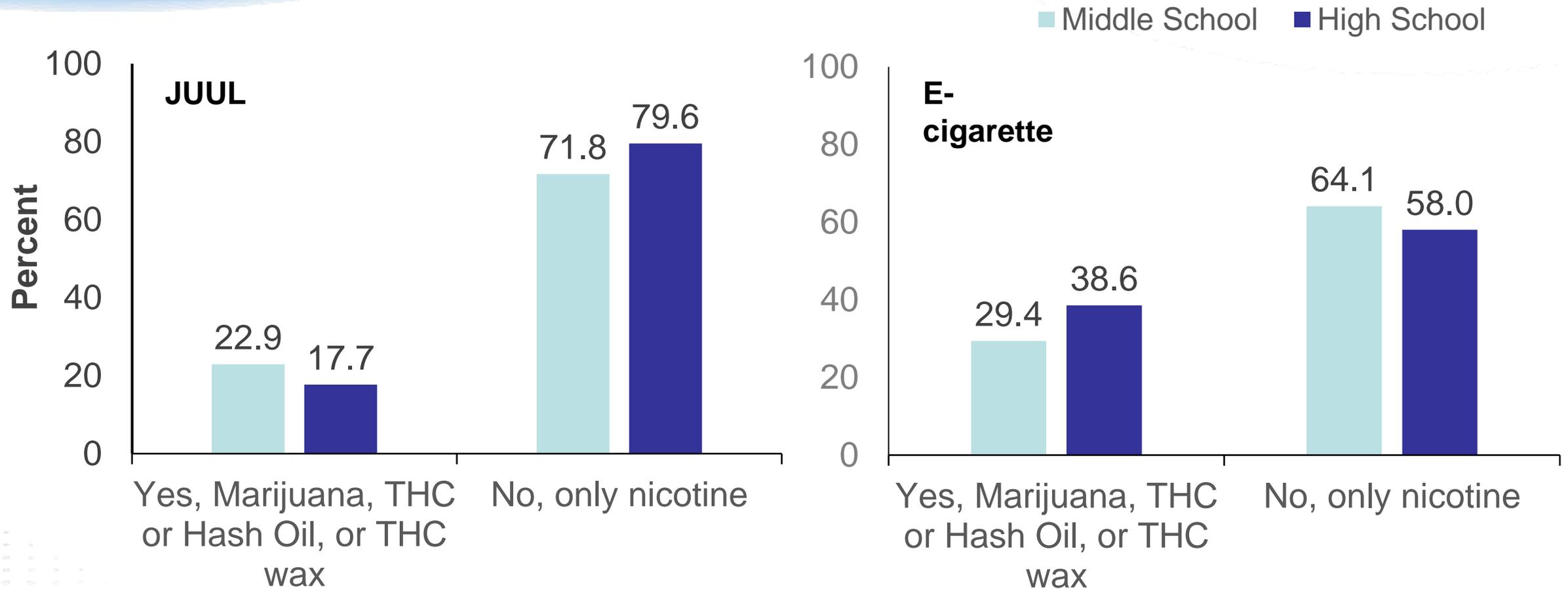


# Current and Ever Use of Marijuana among Hoosier Youth

Percentage of Indiana Middle and High School Students Who Currently Use or Have Ever Used Marijuana, 2018 IYTS



# Use of JUUL or E-cigarettes with THC or Marijuana, 2018 IYTS



**63%**

**OF JUUL USERS  
DON'T KNOW THAT  
THE PRODUCT  
ALWAYS CONTAINS  
NICOTINE.**



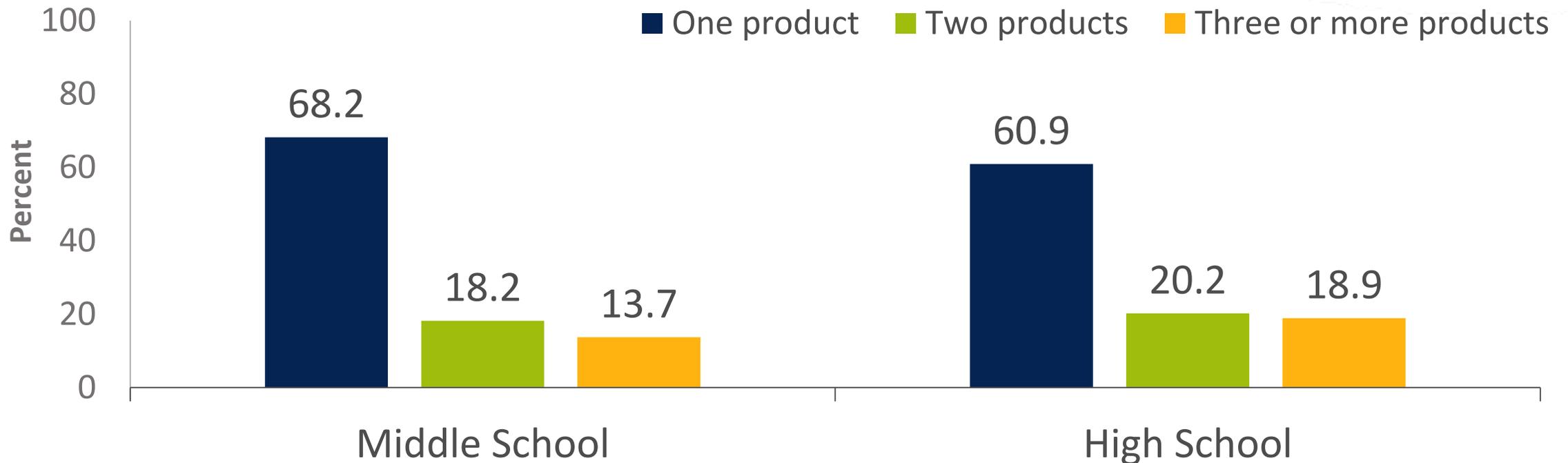
**truth initiative**  
INSPIRING TOBACCO-FREE LIVES

[truthinitiative.org](http://truthinitiative.org)



# Poly-tobacco Use

Number of Tobacco Products Used among Indiana Middle and High School Tobacco Users, 2018



Over **3 in 10** middle school tobacco users and nearly **4 in 10** of high school tobacco users used two or more products.

# Exposure to Tobacco Marketing

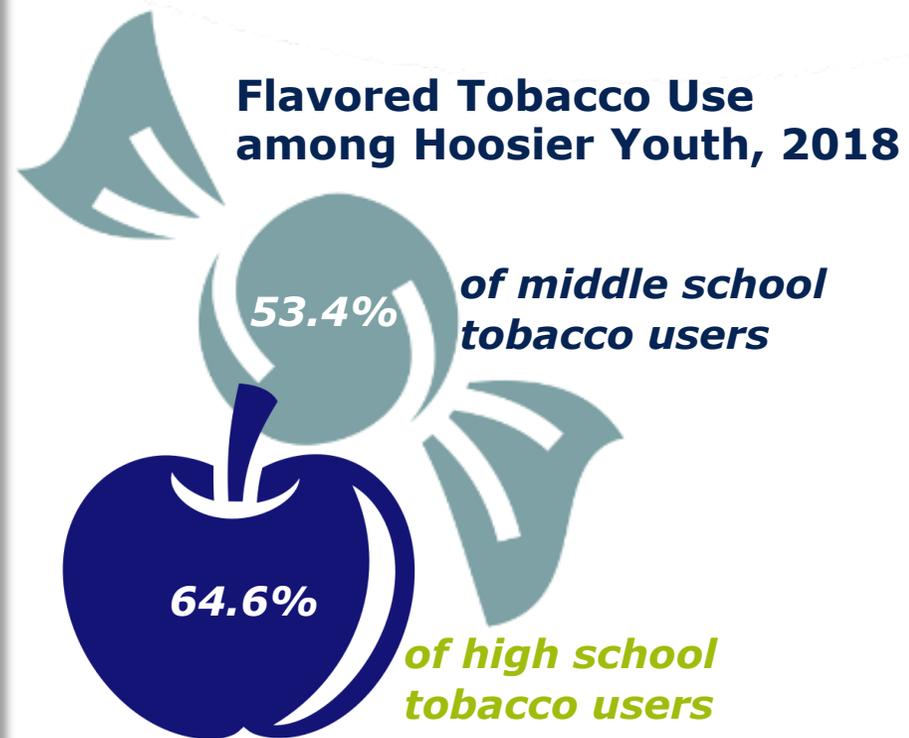


Image Source: CounterTobacco.org

# Flavored Tobacco Product Use



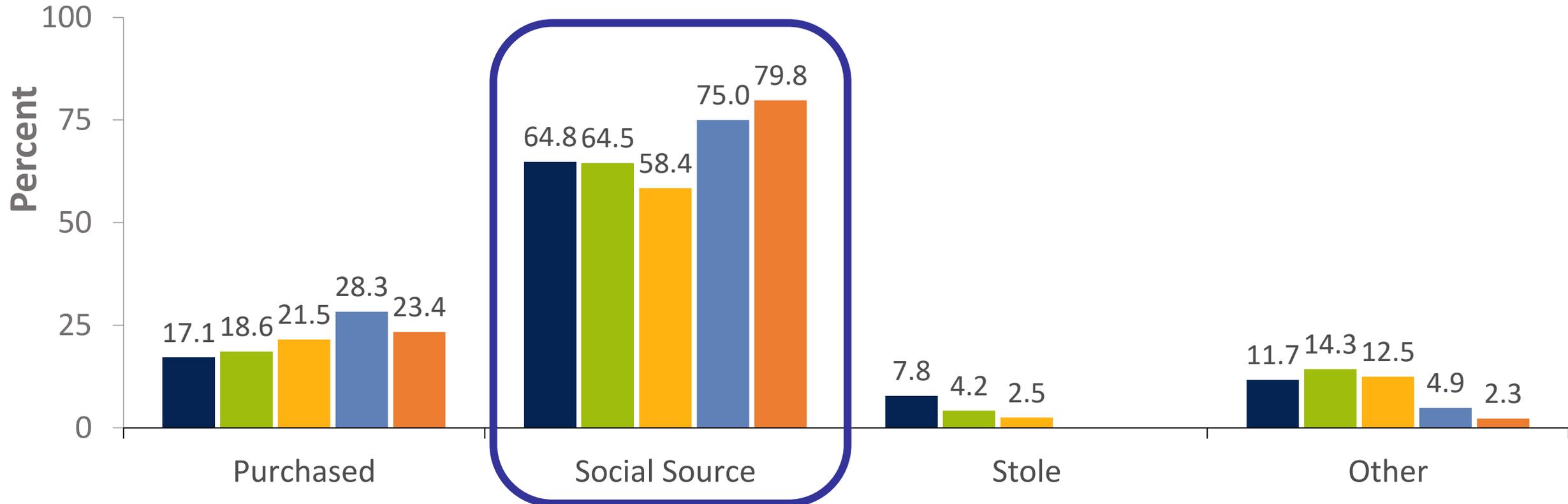
Image source: CounterTobacco.org



# How Youth Get Tobacco

## Sources where Underage (<18 years) High School Tobacco Users Got Tobacco Products, 2018 IYTS

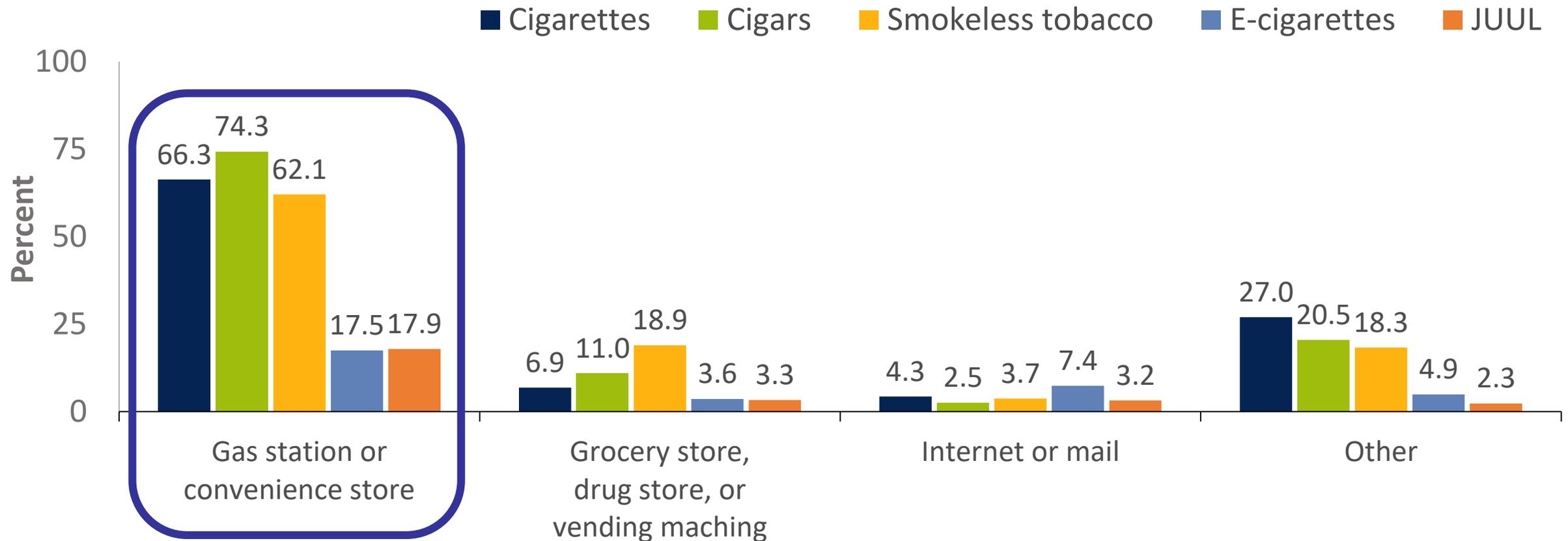
■ Cigarettes   ■ Cigars   ■ Smokeless tobacco   ■ E-cigarettes   ■ JUUL



Data for middle school students are not shown due to insufficient sample size.

# Where Youth Buy Tobacco

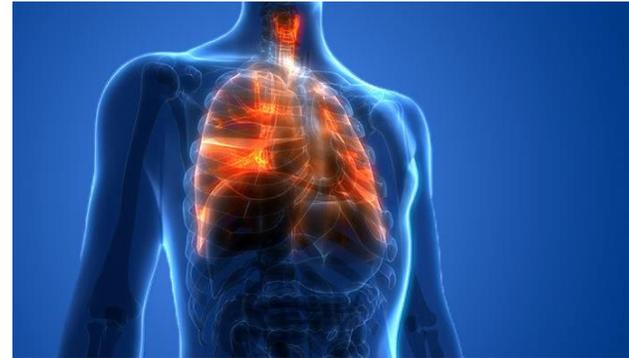
Sources where Underage (<18 years) High School Tobacco Users Bought Tobacco Products, 2018 IYTS (Among Those Who Purchased Tobacco Themselves)



Data for middle school students are not shown due to insufficient sample size.

# Vaping-Related Lung Injuries

- Cases: 112 as of Nov. 21, 2019
- Deaths: 5
- Ages: 16-74
  - 7 (7%) under 18
  - 76 (78%) under 40
- Males: 73%
- THC use: 74% among cases with information
- Weekly count of initial cases decreasing



# ISDH vaping injury webpage

**IN.gov** Indiana State Department of Health Find your local health department Stats Explorer MOMS Helpline Employment Opportunities Subscribe to Alerts SEARCH

Online Services I Want To FAQs Find an Agency Gov. Eric J. Holcomb

## Epidemiology Resource Center (ERC)

- Data Analysis and Risk Factors
- Surveillance Systems and Informatics
- Public Health Geographics
- Infectious Disease Epidemiology
- Zoonotic and Vectorborne Epidemiology / Entomology
- TB/Refugee Health
- International Travel
- Lung Injury Associated with E-Cigarette Use or Vaping*

### Lung Injury Associated with E-Cigarette Use or Vaping

The Indiana State Department of Health (ISDH) began investigating vaping-related severe lung injuries in early August 2019. The number of vaping-related lung injuries continues to rise steadily in Indiana and nationwide. Vaping is the only common factor in these injuries to date. Most individuals have reported vaping THC, the ingredient in marijuana, or other substances, but it's unknown what specific products, brand or substance is causing these injuries. More information is being learned as new cases are investigated and data analyzed.

Indiana Cases of Vaping-Related Lung Injuries		
Information Updated on 12/5/2019, 10:47:12 AM		
Confirmed	Probable	Deaths
55	57	4

# VAPE-FREE INDIANA

Indiana's *Three-Pronged Approach* to addressing the youth vaping epidemic

## PREVENTION

School Programming

## PUBLIC EDUCATION

Mass-Media Campaigns

## CESSATION

Quitting Services

**CATCH**<sup>®</sup>  
MY BREATH  
YOUTH E-CIGARETTE PREVENTION PROGRAM

E-CIGARETTES  
"SWEET" DECEPTION

*Behind the Haze*  
Youth Campaign



@BehindtheHaze1N  
BehindtheHaze.com

QUI#ING  
THIS IS QUITTING

# Implement youth education programs

- Support the implementation of the CATCH® My Breath e-cigarette education program to middle and high schools.
- 150+ trainers will be able to share curriculum
- 23 Indiana schools already participating in the 2019-20 school year
- Training and materials online -FREE!



# Sweet Deception: Fall 2019 Tour

- A school assembly speaker tour planned for 45 Indiana middle school and high schools, reaching over 31,000 students, from Oct. 28-Dec 11.
- In the Spring, the 2-week tour reached 17,000 students in 17 schools.



Presenting:

## "SWEET" DECEPTION

REJECT THE MYTHS - RESIST THE DECEPTIONS  
School Assembly Tour

Powered by



MOSES JONES, PRESENTER

Our presenter is Indiana's own, **Moses Jones**. Fresh from Hollywood, he's ready to take on the myths of e-cigarettes/JUULS.

Moses was born and raised in Indianapolis. Throughout his teen years he was active in statewide leadership and advocacy programs.

# @BehindtheHazeIN



Instagram



Snapchat



YouTube



Radio



Digital Media



Facebook



HOME FACTS

## WANT THE REAL FACTS ON VAPING?

Watch the video or scroll down to find out for yourself.



Vapes are popping up everywhere these days. But with all the flavors and ads on social media, it's hard to figure out what's really going on. Behind The Haze is dedicated to revealing the truth about vapes, so you can see the real facts for yourself.



HOME FACTS

## THE FACTS



01

New vapes produce formaldehyde (what they use to preserve dead bodies), acetone (nail polish remover and paint thinner), acetaldehyde (a chemical in glue), and other carcinogens in their vapor, which goes into your lungs.

Stanton, Kelly, E. M., Kwon, J. T., Sun, H., Truitt, M., & Bhatia, A. J. P. (2018). Free Radical, Carbonyl, and Aldehyde ions Produced by Dual-Chamber E-cigarettes: A Novel Tobacco Product with Potential for Toxicity for Research on Tobacco and Tobacco Use.

Shimada, M., Ogino, T. M., Akashi, Y. M., Nagai, H. I., (2018), M. J., Daniels, T. A., & Sosa, M. A. (2018). Inhalation Risk: Electronic Cigarettes: Key Parameters Affecting the Emission of Aerosol Chemicals. Environmental Health & Technology, 3(17), 364-372.

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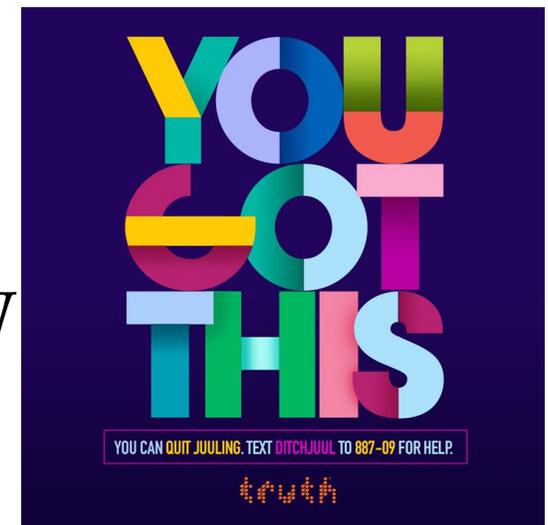
Dangerous metal particles such as chromium are found in vape clouds and the toxic metal can build in your lungs over time.

Schwarz, G. M., Gosselin, R., Tombs, S., Soto-Rios, M., Ahmed, S., Ahrens, A., ... & Park, A. W. (2018). Metal concentrations in e-cigarette liquid and aerosol: implications for the contribution of metallic coils. Environmental Health Perspectives (2018), 126(12).

Agency for Toxic Substances and Disease Registry (ATSDR). (2012). Toxicological Profile for Chromium. Atlanta, GA: U.S. Department of Health and Human Services, Public Health Service.

# Promote tools to help youth quit e-cigarettes

- Truth Initiative's text messaging program for youth wanting to quit vaping
- Text 'DITCHJUUL' to 88709
- Parents can text "QUIT" to (202) 899-7550
- Indiana Tobacco Quitline 1-100-QUIT-NOW



[www.VapeFreeIndiana.isdh.in.gov](http://www.VapeFreeIndiana.isdh.in.gov)

Indiana  
Vape-Free Schools  
Toolkit

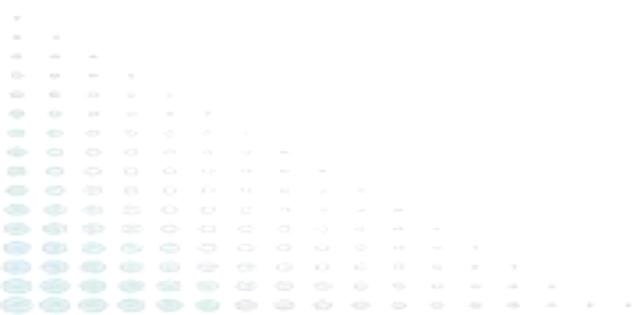
- Model Policy
- Alternative to Suspension
- Education
- Cessation support
- Youth engagement

# Raising the tobacco sale age to 21

- ✓ Prevent youth from initiation
- ✓ Help stop addiction to nicotine
- ✓ Reduce access to products
- ✓ Join 19 states and over 530 communities in protecting health of youth and young adults



[VapeFreeIndiana.isdh.in.gov](http://VapeFreeIndiana.isdh.in.gov)  
[isdh.in.gov/TPC](http://isdh.in.gov/TPC)  
[QuitNowIndiana.com](http://QuitNowIndiana.com)



# Agenda

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6. Equity, Inclusion, and Cultural Competence
  - Timike Jones, ICADV
  - Common Language Document

# Common Language Subcommittee

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- Develop list of terms and definitions including or related to equity, inclusion or cultural competence
  - Promote understanding
  - Bridge jargon
  - Clarify ambiguous language

# Importance of a Shared Language

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- We cannot assume that we are referring to the same things.
- Conversations are derailed when people use same terms in different ways.
- Misunderstandings and confusion erodes trust.
- It is critical to collaboration.

# Key Concepts

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- Equity vs. Equality
- Inclusion
- Cultural Competency
- Disproportionality vs. Disparities
- Implicit Bias
- Race Equity Lens
- Race Equity Culture

# Agenda

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## 7. Committee Updates

- Rep. Ed Clere
  - Child Services Oversight Committee

# Agenda

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8. Commission Topics for Discussion
9. Next meeting: February 19, Indiana Supreme Court Courtroom